

Event Report

75th World Health Day - Celebration of International Millet Year 2023

7 April 2023

Name of the Activity:	75th World Health Day - Celebration of International Millet Year 2023		
Theme of the Activity:	To achieve objective of 75th anniversary of World Health Day that is to remind people to take care of themselves with focused on theme “<i>Health for All</i>”, International Year of Millets(IYM) 2023 as a part of G20 activity series, celebrated with a notion to raise awareness to create Millet Mindfulness and to boost up nutritional status of our citizens		
Activity Date(s):	7 April 2023	No. of Participants:	175
Brief Description of the Activity:			
<p><i>"Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship." – Buddha.</i></p> <p>Every year On 7 April–World Health Day is celebrated by the World Health Organization and this year marked to observe its 75th anniversary which is an opportunity to look back at public health successes that have improved quality of life during the last seven decades and is also an opportunity to motivate action to tackle the health challenges of today–and tomorrow. Hence this year’s theme is “<i>Health for All</i>”. It is also a matter of great pride that on the behest of Government of India under the Prime Ministership of Mr. Narendra Modi and support of 72 countries at 75th session of United Nations General Assembly, year 2023 is declared as International Year of millets(IYM), will lead India towards Food and Nutritional Security.</p> <p>With this rational in mind, on the eve of World Health Day on 7 April 2023, Guru Ram Dass College of Education provided platform to it students and all staff members to create awareness about significance of Millets and become Millet Mindful and to place them in the world's 'food map' with vision of “Vasudaiva Kutumbakam” (The World is One Family). Numerous activities were planned and performed by students in front of campus members to achieve motto</p>			

of the day. Following activities were part of an event which included different mode of presentations with efficient use of ICT resources:

- **Orientation about the comeback of Millets again to our farm and plates with the aim to create awareness, increase production & consumption of millets and boost up nutritional status by highlighting on benefits of Millets in our diet via mode of PowerPoint presentation and video documentaries.**
- **Millets: Solution to Agrarian and Nutrition challenges- with mode of self composed Poem Recitation in Hindi and English languages.**
- **Elevating awareness of the contribution of Millets for food security and nutrition and variety of forms by which they can be inculcated as part of diet- One Act Play and Group Dance.**
- **Conduction of Online Quiz on Kahoot Platform.**
- **Celebrating millets - as Nutri cereals for food, Nutrition & Health- Group Song presentation**

All the presenters eagerly performed covering all the objectives of celebration in mind. During presentation audience was sensitized about different types of millets, geographical requirements for their cultivation, why India is land of millets cultivation and nutritional benefits of millets in overcoming diseases etc. Different mode of presentation which were being implemented were highly appreciated and to check on what audience have learned online quiz was also conducted. Hence event was successful in achieving objectives emphasizing on all relevant themes and spreading notion of **Vasudaiva Kutumbakam**” (The World is One Family). At the end of the celebration there was special address by Head of Institute **Dr. Neeraj Priya**, who further stressed on the significance of Millets and appreciated all the presenters for the enthusiastic performance which enacted as a natural motivator for future upcoming performances.

Coordinator: Dr. Neeraj Priya, Principal GRDCE

Ms. Neha Madan, Assistant Professor GRDCE

Brief Description of Participants(like industry experts, students, faculty, etc):
and

Students of both first and second year of the Academic session 2021-23 and 2022-2024 and all staff members which made it to 175 participants

Share Weblink of social media posts of the Activity(tag Delhi Government, DTTE&DHE and use relevant hashtags):

YouTube channel:

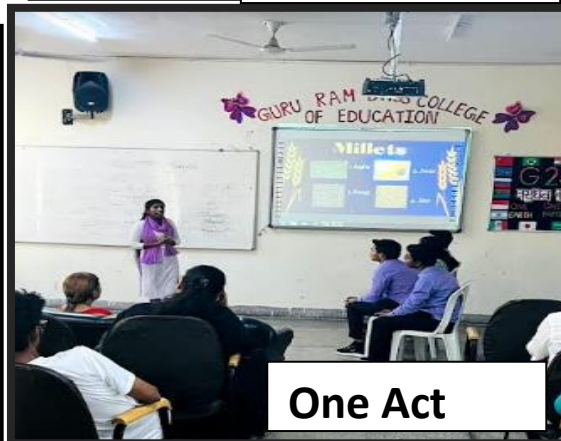
College Website :



Group Song



Online Quiz



One Act



PPT

Video link

<https://photos.app.goo.gl/uus4Nr3A2tscC81L6>